

# Artists for Change



**“African Queen of Visions”**  
Phoebe S. Wagner, Brattleboro, VT

## ***Mother of Makeup Artist & Speaker***

Sadly, Gloria Garrett left our world this past year. She contributed a lot of time at On Our Own, the statewide consumer organization doing art classes in mental health programs in MD. She is also a loss to us as she was always available for special exhibits and a festival.

Her art is bold, energetic, and colorful. Her art makes people smile. The TV show "What Makes Us Smile" at The American Visionary Art Museum featured her artwork. She has been one of the visionary artist there since 2005. Gloria's work can be seen at:

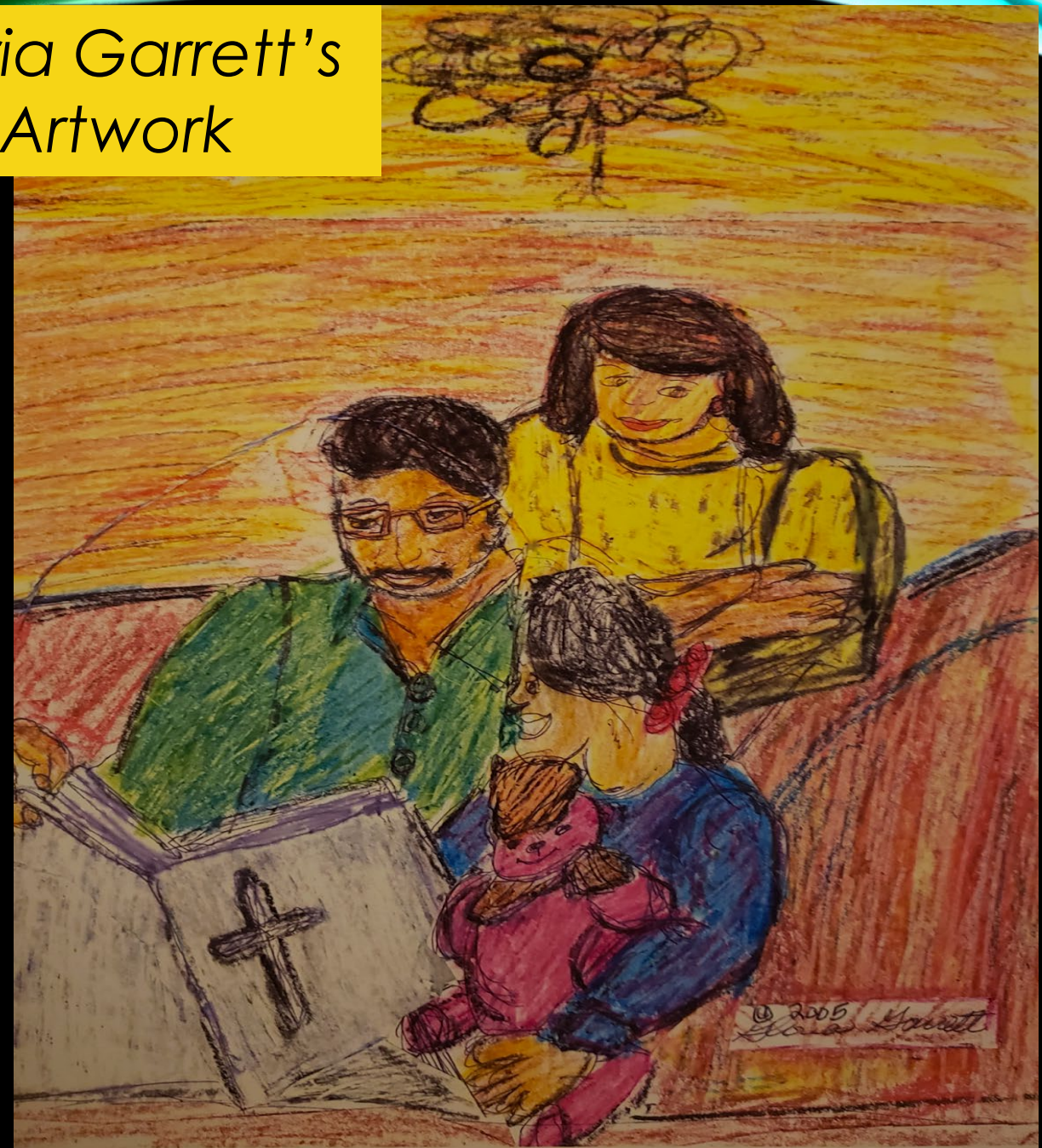
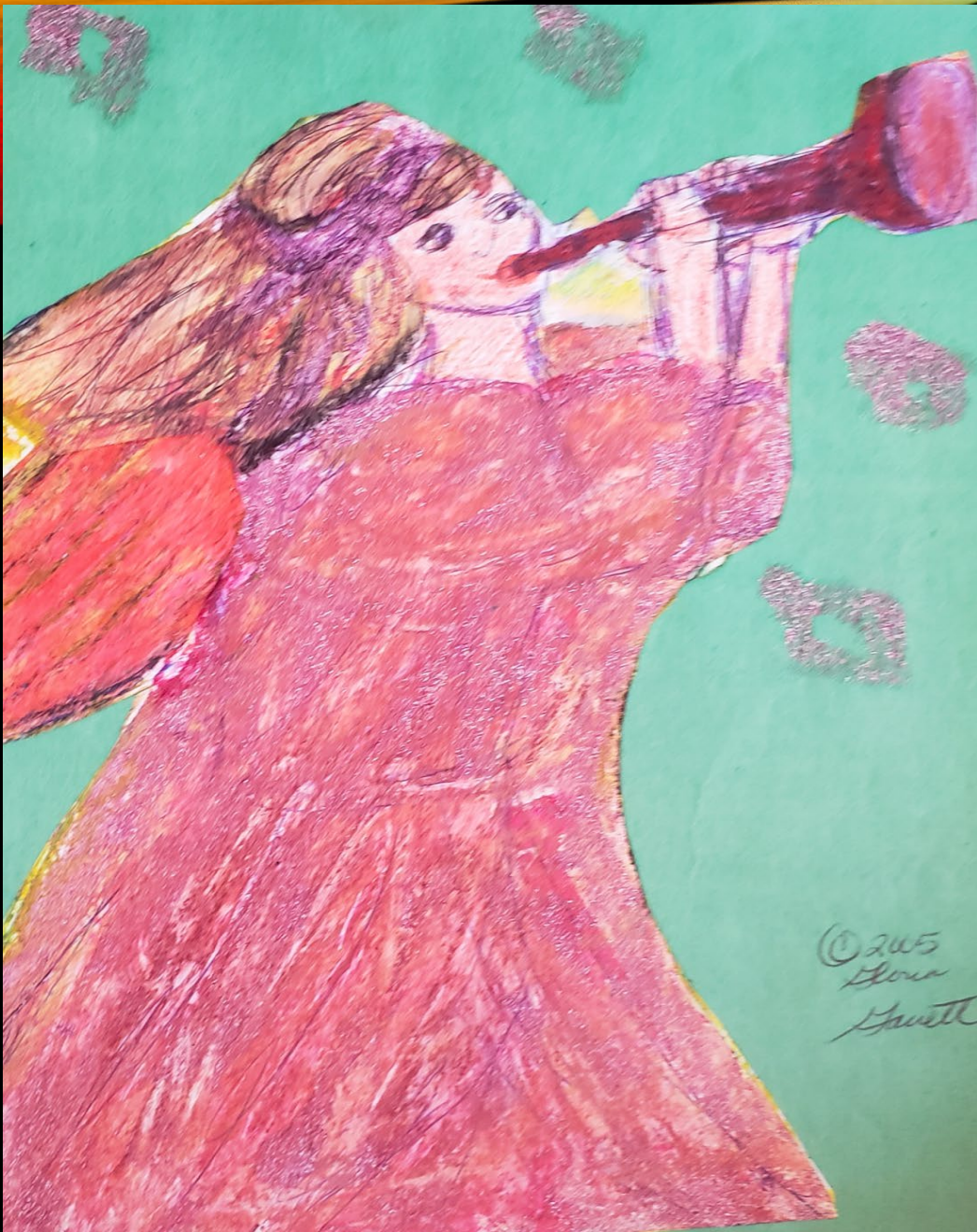
**[makeupmuseum.org](http://makeupmuseum.org)**



***Gloria Garrett, MD***



# Gloria Garrett's Artwork





# GERALDO “Bus Boy” GONZALEZ



Dubbed “The King of Transit,” Geraldito Gonzalez was born in Philadelphia, Gonzalez was always a bus and train enthusiast. He creates drawings that pulse with energy, spilling over with the excitement he feels about creating. Working mostly with colored pencils and in watercolor, he creates Technicolor worlds brimming with buses, trains, trolleys and subway lines. He also photographs transit subjects for music videos and movie projects.

Over the past eight years, Gonzalez has become more visible in Delaware’s art scene, appearing in exhibitions at the Delaware Art Museum, downtown Wilmington’s MKT Place Gallery, The Delaware Contemporary and Delaware College of Art and Design. The University of Delaware has purchased four of his works, and Gonzalez was included in a recent exhibition at Philadelphia’s Fleisher Ollman Gallery.



# GERALDO'S ART



[gtransit2009@hotmail.com](mailto:gtransit2009@hotmail.com)





ALICE J. WASHINGTON

In 2023 I have achieved many small wins. I started a website redesign as “The Arts of Alice” where visitors can buy garments featuring my art.

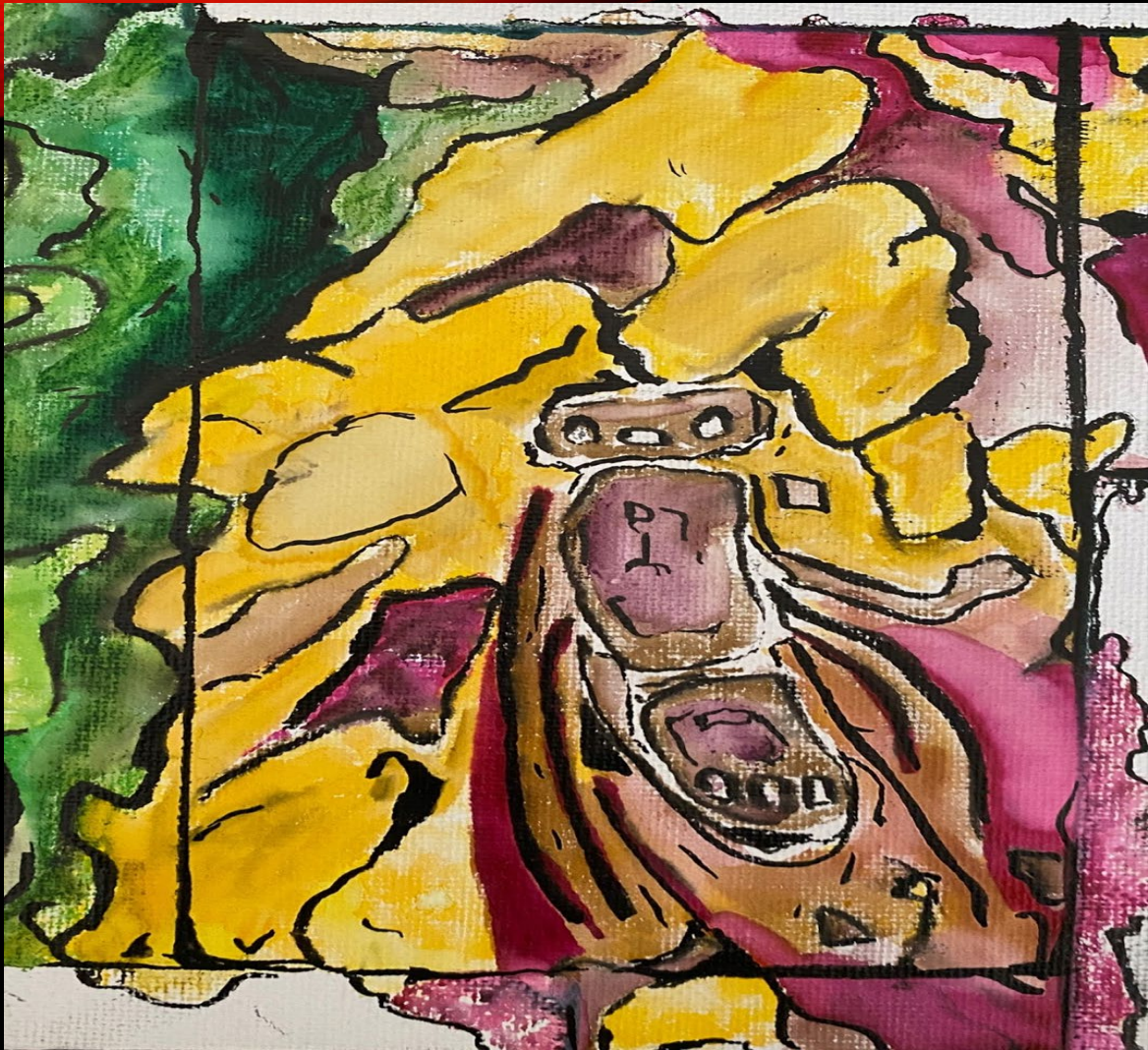
Additionally, I created two stores on Etsy—one features digital pieces that can be transferred into pieces.

Artwork is a great source of wellness and recovery for me. including photographs which are a great source of recovery for me. I submit these with great respect for the leaders of the consumer/client/ex-patient movement. They have made great strides for all who have lived experiences from mental health concerns.

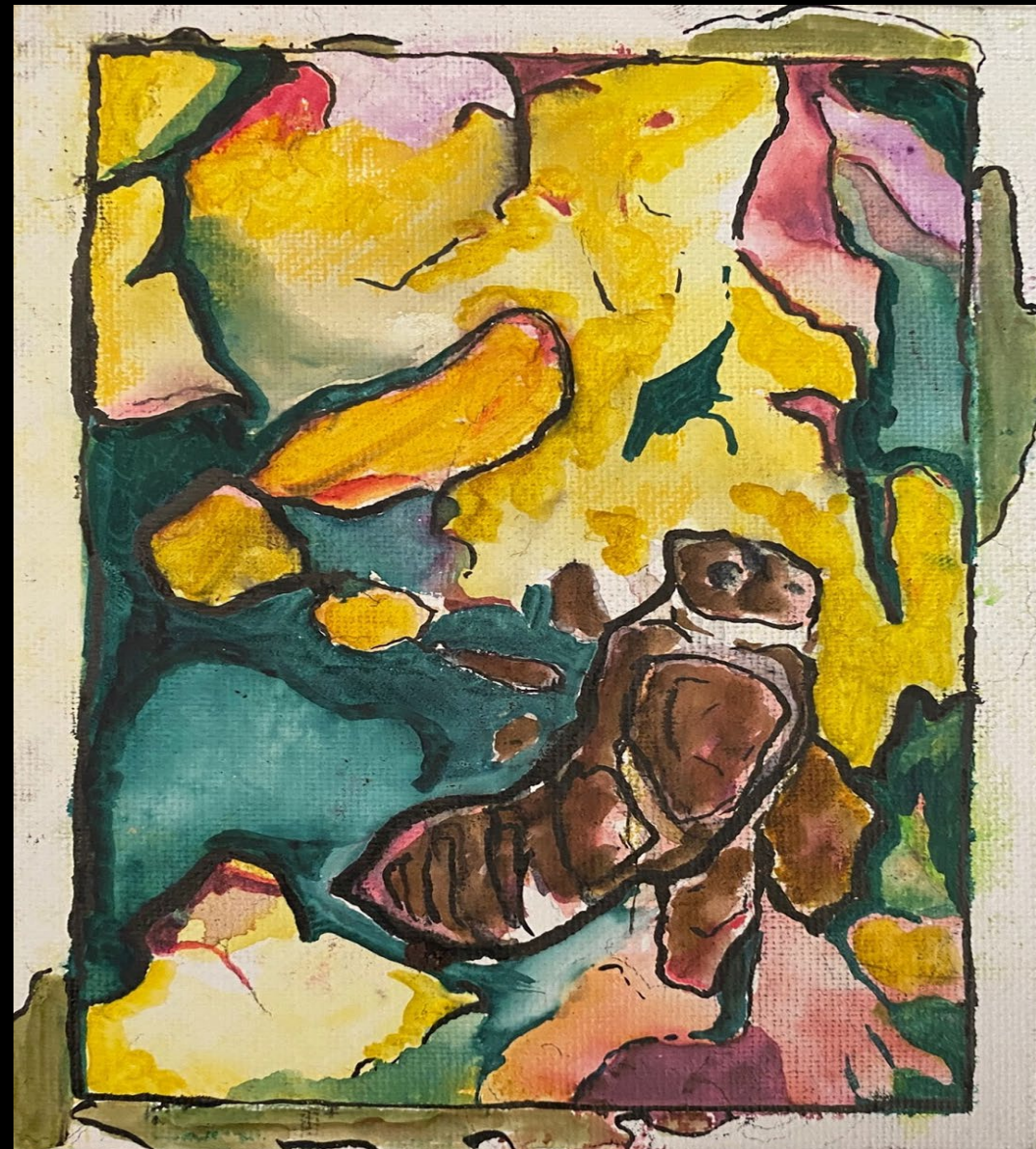
[awashington1946@gmail.com](mailto:awashington1946@gmail.com)



# The Art of ALICE J. WASHINGTON



"Bee 1"



"Bee 2"



# Amanda Lipp

Amanda began drawing with crayons while she was a patient at the psychiatric hospital. A thoughtful nurse noticed she wasn't recovering and that she might benefit from a creative outlet.

Amanda's crayon drawing is a technique of layers upon layers of wax and then etching away.

Amanda Lipp is a filmmaker, public speaker, and Founder of *The Giving Gallery*. She has produced over 60 short films about mental health and given over 150 speeches sharing her personal story.

Amanda serves on the Mental Health Advisory Panel at Google and is a member of the Interdepartmental Serious Mental Illness Committee (ISMICC) created by Congress to advise on federal mental health policy.



Art for Sale:

[amanda@amandalipp.com](mailto:amanda@amandalipp.com)



## *Amanda Lipp's Artwork*







# *Amy Smith*

Amy has a passion for mental health advocacy that is evident in everything she does. She is a Colorado survivor-activist, artist, and mother of a behavioral health policy maker. She is known for her hard work, creative thinking and honest, painful assessment skills. Living in rural Southeast Colorado and supports her community through grant writing, community organizing, creative space generation, and working on social justice projects with her son, Ty. She studied Art at University of Southern Colorado.

Recipient of the 2012  
Howie the Harp Award

[crazydiamondusa@gmail.com](mailto:crazydiamondusa@gmail.com)



# *Amy Smith's Artwork*



Diana



Planning Council



# Anna Pate Glover; Winston Salem, NC



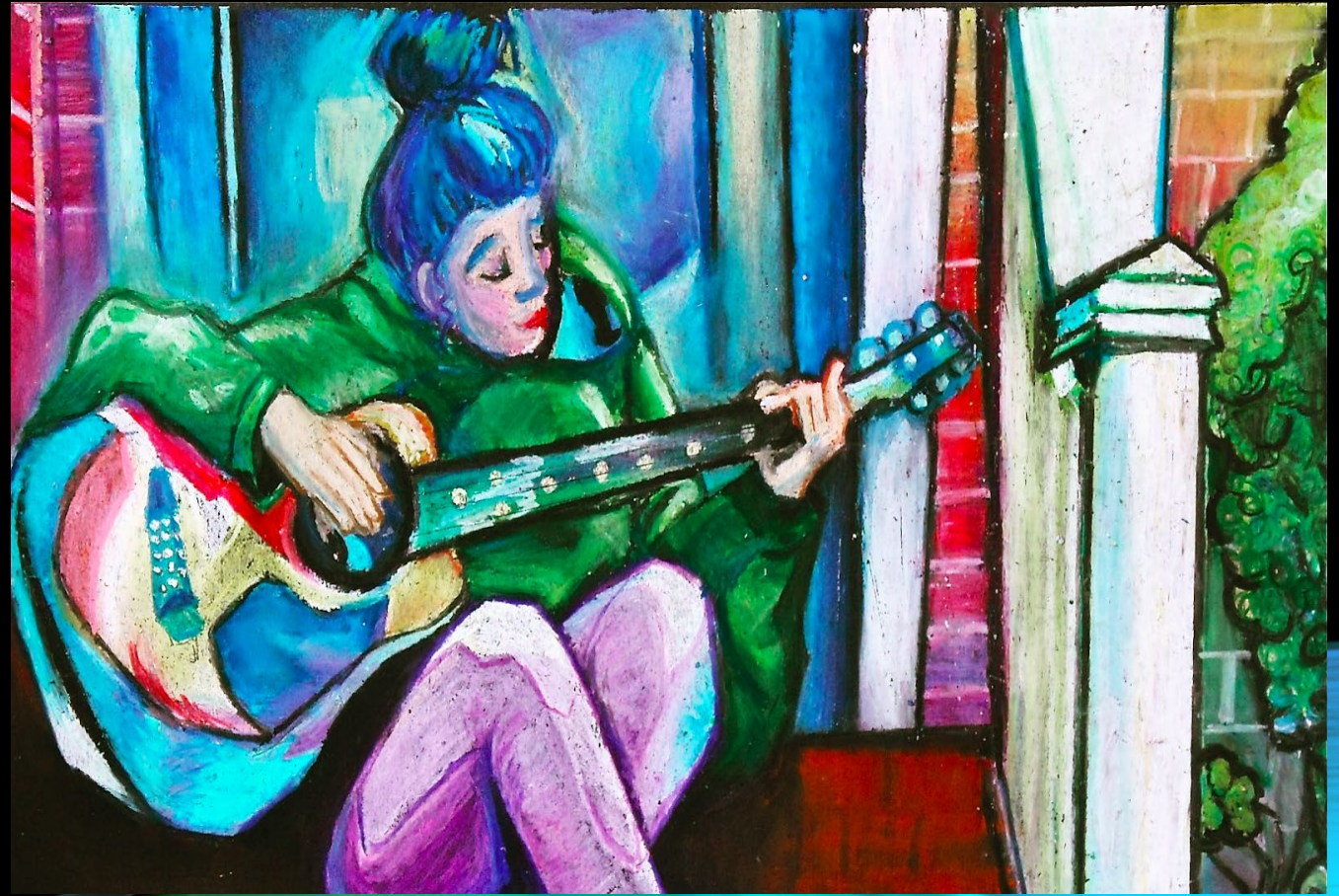
I was first thrown into the world of diagnoses and systematic psychiatric care at the age of five. The next twenty years of my life were primarily dedicated to what felt at times, as nothing more than finding the strength to take the next breath. Throughout the years, I have been diagnosed with over twelve different mental disorders, have been in and out of inpatient and outpatient facilities (both voluntary and involuntary) and rehabilitation centers and have battled wearily for redemption.

I am grateful to say that I have found that and more through the help of proper care, support, and self-sought autonomy through creative expression. I am a Certified Peer Support Specialist and Art Teacher.

[annapateglover@gmail.com](mailto:annapateglover@gmail.com)



# ANNA PATE GLOVER'S ARTWORK





# BATYA WEINBAUM



Batya Weinbaum is a visionary artist whose works have been sold at the American Visionary Art Museum in Baltimore, the Oberlin Art Museum, and many galleries in NY, Boston, VA, and OH.

She teaches online at university level palmistry on Zoom for Shadybrook Ohio and edits the speculative journal Femspec, a feminist journal.

She has recently been an artist in residence at the Museum of Motherhood in St. Pete's FL

More of her art can be seen at [goddessvibe.org](http://goddessvibe.org)  
[weinbaumbatya@gmail.com](mailto:weinbaumbatya@gmail.com)





# BATYA WEINBAUM



Ancient Winged Hittite Goddess



Anapurna Hindu Goddess of food



Earthmother assemblage





Beth Filson is internationally recognized for her work in trauma-informed approaches and peer support.

Her etchings have appeared in galleries in MA and GA, and in publications including *The Florida Review*, *Meat for Tea*, *The Perch*, and *National Council Magazine*.

Beth is an award-winning poet and writer. Her first solo performance, *Telling the Story/Untelling the Diagnosis*, was produced in 2023 by Pauline Productions.

She lives and creates in Western Massachusetts.

***BETH FILSON***

[bethfilson@aol.com](mailto:bethfilson@aol.com)



The psychiatric meds cause the body to become dysfunctional, numb. Heavy, full of physical grief, it grows inured to touch, to dreams, to motivation. The focus shifts from psychic pain to physical inertia; all bodily functions slow: waste, desire, ambulation. This is not unlike the function of self-inflicted violence: to bring the intangibility of psychic distress into the physical realm. To bring suffering to a pin prick focus and thereby exert some control over it. To make the territory of despair a thing you can carry. This is about making the unsayable a word and then acting on the word. Still, everyone misses the point: for every action there is an equal and opposite reaction. Cutting, burning, punching. No one asks *reaction to what?* I am taking control of what before has been the uncontrollable, the unbearable, the unsayable, the unforgivable and unforgiving, the unendurable, the unending.... But this explanation is heartily rejected by psychiatry.

*Beth Filson's Artwork*



*The the.*  
e.m. filson



*Beth Filson's Artwork*



**“Sometimes these are not just Scars II”**



# BONNIE HENDERSON SCHELL, NC

BONNIE HENDERSON SCHELL

*Stories, Poems, and  
Other Aberrations*

Growing Up  
**MAD** in  
the  
South

Bonnie grew up MAD in the South where mental illness was kept in the closet. She then moved to California where she lived for 30 years

. She founded a drop-in center for consumer/survivors, frequently without shelter, with an emphasis on all arts.

Her memoir, "Growing Up MAD in the South," recounts her questioning of dogma from the church, white society, and psychiatry.

Bonnie is now writing the history of peer support in Santa Cruz, California.

[bonniebelle1221@gmail.com](mailto:bonniebelle1221@gmail.com)

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[bonnieschellauthor.com](http://bonnieschellauthor.com)

<https://bonnieschellauthor.com/>



**bonniebelle1221@gmail.com**



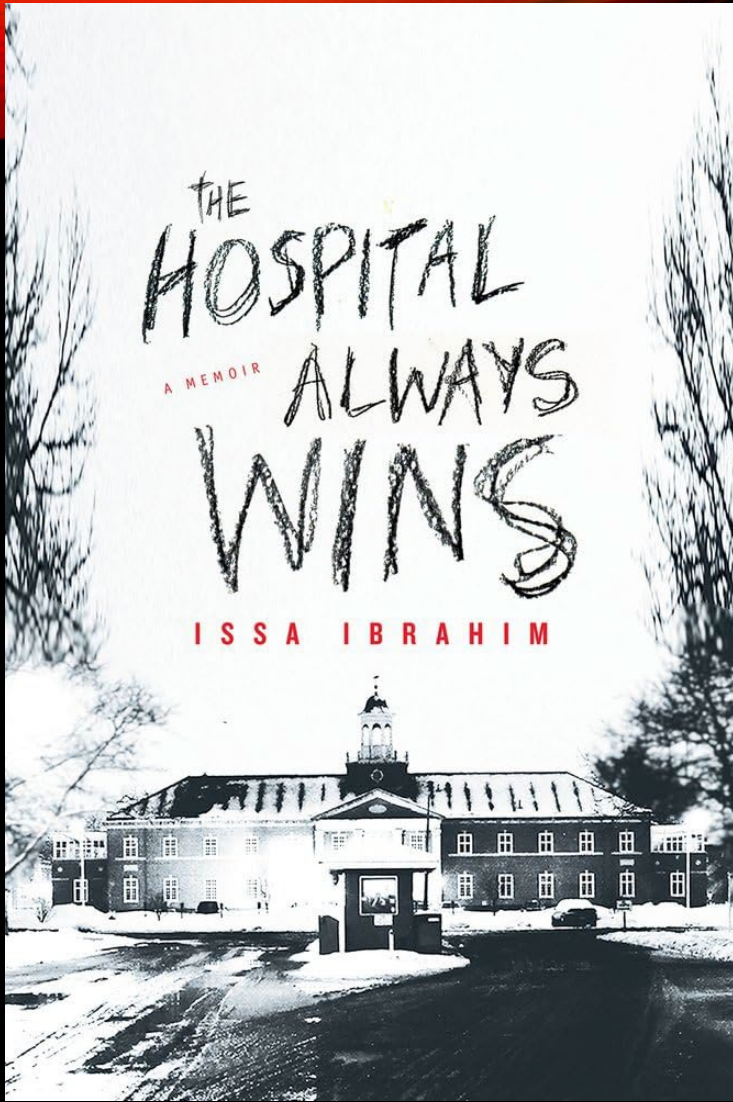
# *Someone Like Me*

BY BONNIE SCHELL

At 18, I would go to the college library,  
tilt the stacks forward by reaching  
for the wedged book never checked out.  
I sought the overlooked, misunderstood,  
like a Joan of Arc, took up their banner,  
quoted these unknowns in my next paper  
despite the assignment. Mystic prayers,  
the poet laureates of Mississippi,  
descriptions of the humours --  
seeking connections, the unexpected tie,  
between all the eccentric, uncoded minds,  
searching for someone, anyone,  
promising, but peculiar,  
like me,  
incipient  
insane.



# ISSA IBRAHIM



Issa Ibrahim was committed to an insane asylum with no release date after a tragic incident that took place in his home in the 1980s. He spent 20 years at Creedmore State Hospital.

His book paints a detailed picture of a broken mental health system but also reveals the power of art to provide a resource for the power of recovery. He was an artist in residence at Creedmore's Living Museum.

His work is shown at Fountain House Gallery in New York and has been shown at many galleries and museums including internationally. He is also a musician, photographer and writer.



**[Issaibrahim065@gmail.com](mailto:Issaibrahim065@gmail.com)**





Self Portrait  
"Who You Callin' Colored?"

ISSA IBRAHIM NY



Torture



# Chaim Durst, TX

**Location:**

**Artwork Titles:** "Lunar Eclipse" & "Swan Dive"

**Art for Sale:** NFS

**Contact Information:**

**Email:** discountmuse@gmail.com

**Instagram:** [https://www.instagram.com/cobalt\\_rising/](https://www.instagram.com/cobalt_rising/)

**Twitter:**

<https://mobile.twitter.com/chaimdurst/>

**Bio:**

My life is defined by how I relate to physical and emotional pain. For thirty years, I used every escape mechanism I could envision to flee it. After almost thirty years of doing so, the very weapons I used against pain had enslaved me and nearly cost me my life. Today, the act of creation serves as my primary painkiller. Transmuting pain into beauty gives me purpose and sustains my will to live.



## CHAIM DURST'S ARTWORK



"Lunar Eclipse" 11"x8.5"  
Colored pens and watercolor pencils



"Swan Dive"  
11"x8.5" colored pens and watercolor pencils



## *Cynthia Christensen, Barre, VT*



Being creative amuses me, a loyal companion through joys & challenges of youth, school, work, family, parenting, grandparenting, and becoming a senior unto my end days

Life can throw us trauma and I have known my share. Creating art calms me, brings acceptance of each new present. Colors heal spirits, bringing fresh remembrance of self and worth. I am inspired by stories of art supporting, connecting, and healing others.

Cynthia has images that cover a wide variety of subjects that she places on cups, frames, and tee shirts. Her art makes wonderful holiday gifts.

Art is for sale

<https://www.cynthiachristensenart.com/shop-art>





# CYNTHIA CRISTENSEN'S ART







## *Deb Trueheart, Venice, FL*

Deborah Louise Trueheart is a consultant, educator, counselor, writer, artist, motivational speaker, and change agent. She has transformed her own experience of suffering by using traditional and alternatives therapies, vibrational medicine, spirituality and artistic expression. Deborah is the author of *Living Into Wholeness*, which can now be ordered at <https://power2u.org>.

I began using artistic expression as a vehicle to heal trauma. I have discovered that as I create something of beauty, I must recognize that beauty in myself. I Believe that the artist acts as midwife... guiding the creation into form and through the very act of creating, simultaneously gives birth to him or her-Self; ... and finally, I know myself as an artist.

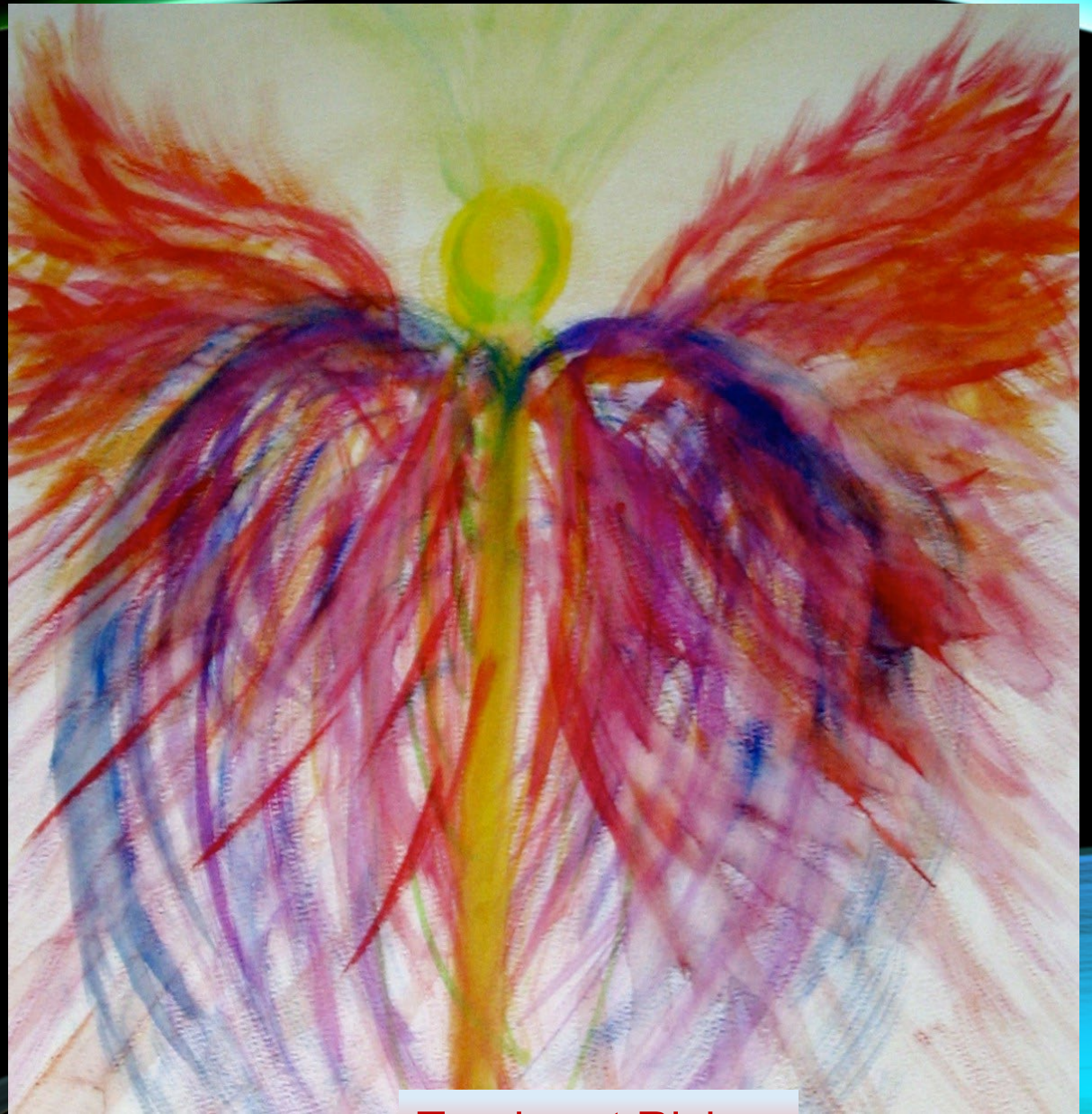
[debtrueheart@gmail.com](mailto:debtrueheart@gmail.com)

*Recipient of the 2018 Howie the Harp Award*





Moon Dancer



Trueheart Rising

Prints & posters for sale at [www.debtrueheart.com](http://www.debtrueheart.com)



When I was about 10 years old, my aunt had a lobotomy. Back then, sticking a needle into a person's brain to rid the symptoms of mental illness was considered the most progressive form of treatment. Lobotomies were kept secret. The stories of all those people that felt desperate enough to undergo this are barely mentioned in journals dealing with psychiatric treatment.

These pieces of artwork are of 2 women who underwent lobotomies. I tried to put a human face on them, so that something about them would be remembered. Lobotomy is not an easy thing to think about. But when we close our eyes to it, the victims become insignificant, and their life stories remain forgotten.



[rosenfein@sbcglobal.net](mailto:rosenfein@sbcglobal.net)

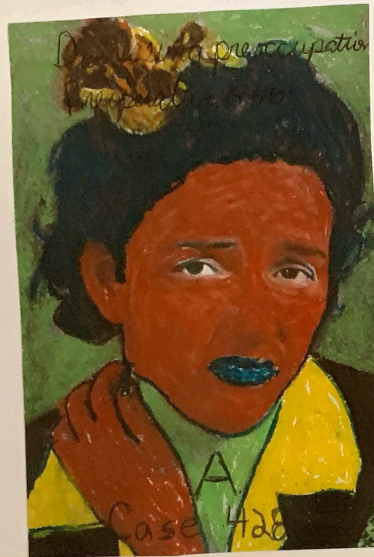


## PAIN

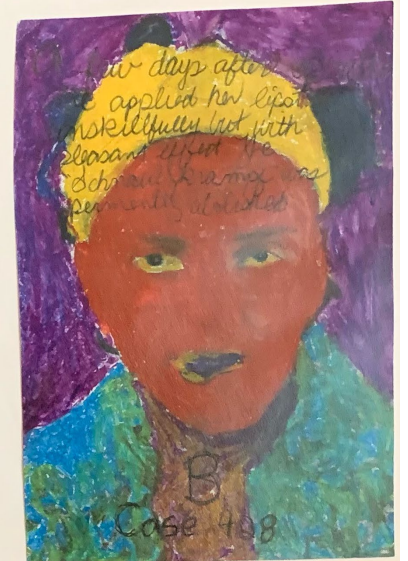
Prefrontal lobectomy changes the attitude of an individual towards his pain. It does not alter the perception of pain. Pain is bodily and mental suffering and lobotomy becomes surgery for the relief of pain. Fear seemed to have gone. The pain was still present, but it was not so rather than a torment. If we look up at the world and mental suffering, there is a deep understanding of the pain more than we could understand. It may argue as to whether a pain is a sensation or an emotion. As a sensation, it is a chest ache, a quality and a localization. As an emotion, it has a pervasive, insinuating all-encompassing manner of concentrating the attention on the affected part. It is accompanied by an uncomfortable preoccupation with the future consequences of pain.

Figure 110. Case 9. December 28, 1936, one month after lobotomy. "If the trouble's in the head it's no use operating on the belly."

## Ellen Rosenbaum's Art



b) Case 428. Distressing preoccupation. reoperative, 1946.



(c) Case 428. A few days after operation she applied her lipstick unskillfully but with pleasant effect. The "autzkrampf" was permanently abolished.





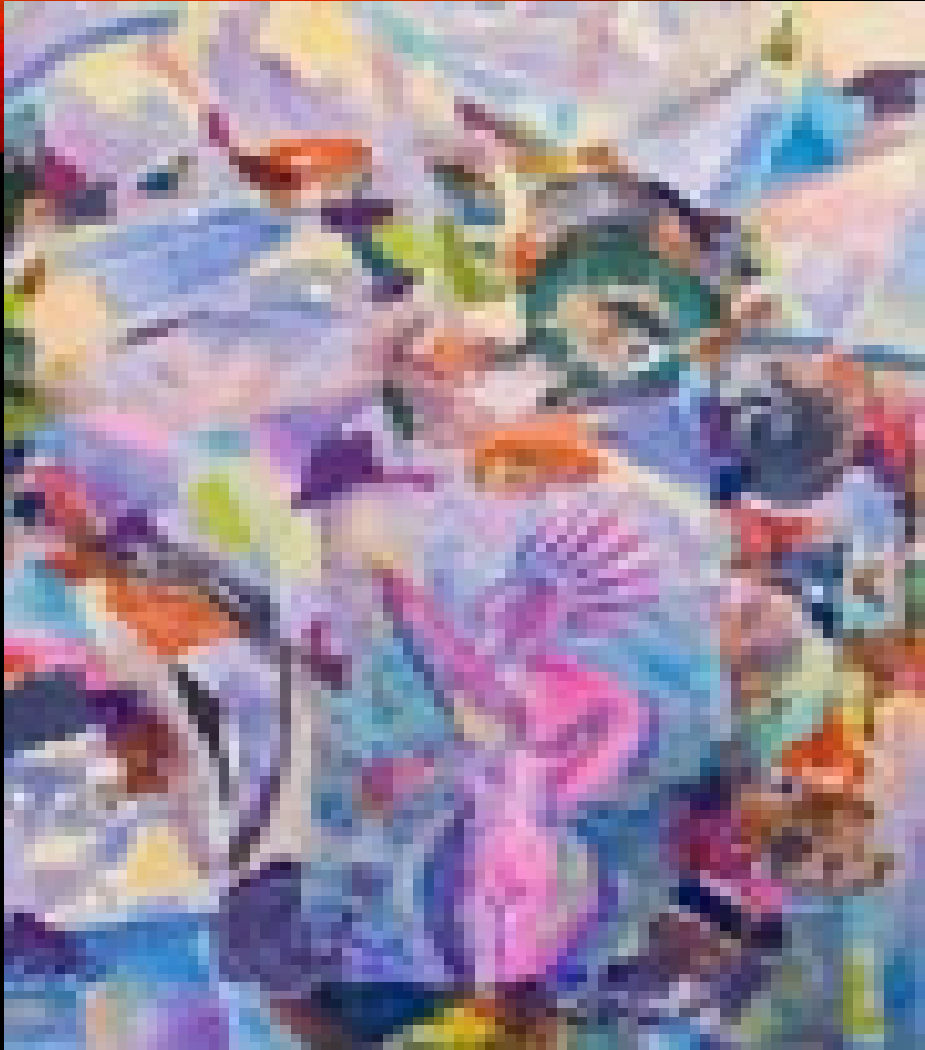
**IRENE O'NEILL**

The vitality that got Irene O'Neill voted "most energetic" by her high school graduating class 50 years ago infuses her life today. She is currently the Secretary and Artistic Director of the Awakenings Project in Elgin, IL, which was begun in 1996. The enterprise creates exhibitions, performances and publications showcasing art created by people with mental illness.

Irene also lives with bipolar disorder. She feels it's important to emphasize the possibility for recovery. "The most important thing is hope," she says. "My life is so much better than I could ever have imagined in my darkest days." ."



## IRENE O'NEIL'S ART



Victim to Victor



Field of Dreams



*Jean Campbell, PhD; CA*



**CONTACT INFORMATION:**

Jean Campbell, PhD  
Harmonious Circle Consultations

[j3ancamp@gmail.com](mailto:j3ancamp@gmail.com)

Long before the passage of the historic Americans with Disabilities Act, I came out of the closet as a person diagnosed with mental illness. I dedicated my professional career to bringing a human face to the needs and aspirations of mental health consumers.

Now retired, I spend my time completing my second novel, cultivating my garden, and embracing truly spontaneous art. I am drawn towards an undiscovered country where art takes form in scientific explorations and research comes to voice through creative expression. Artifacts of my lived experience trail after me as strands of consciousness intertwine, ignite, and mark a path onward...always onward.

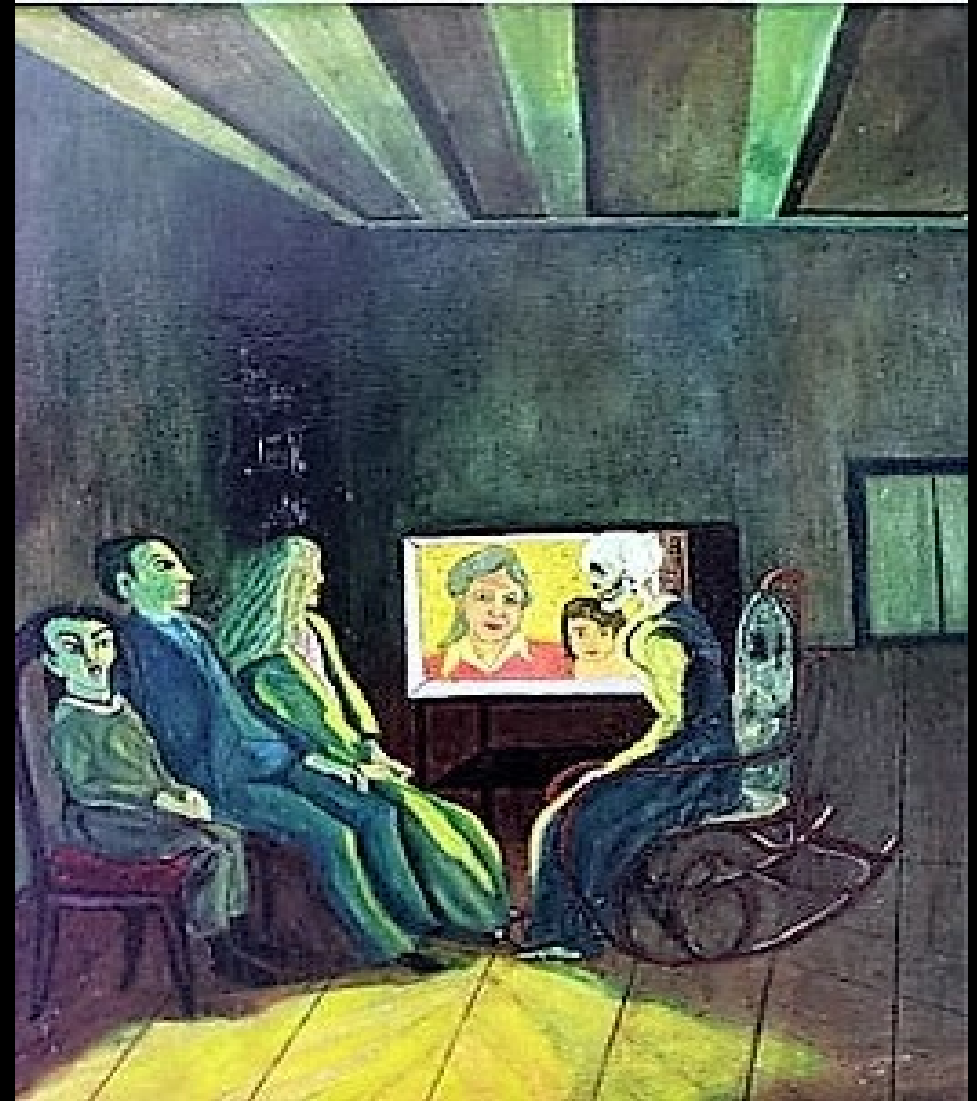
Art Is Not For Sale.



## JEAN CAMPBELL'S ART



Mental Hospital



The Dayroom

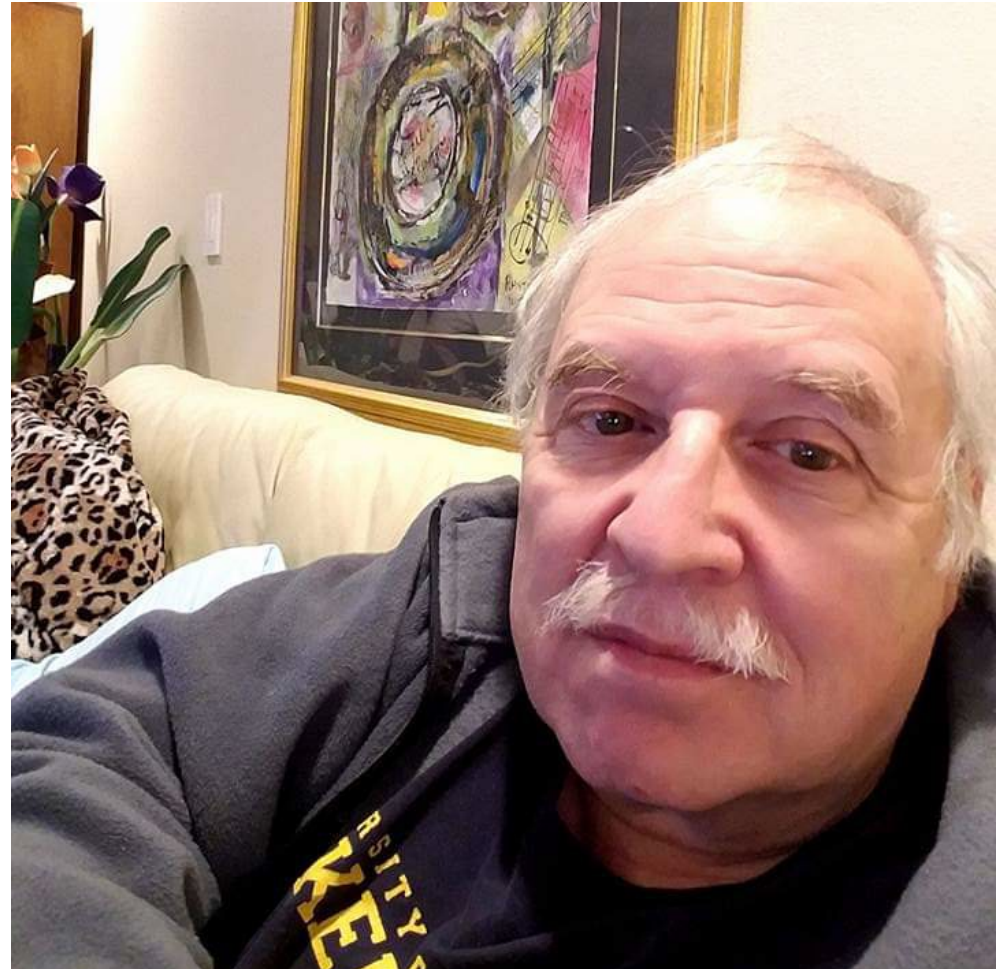


## James Eret

James Eret is the author of "Footfalls," a book of his poetry about the Vietnam War and Nature and PTSD. He has a degree in art from the University of Illinois Chicago.

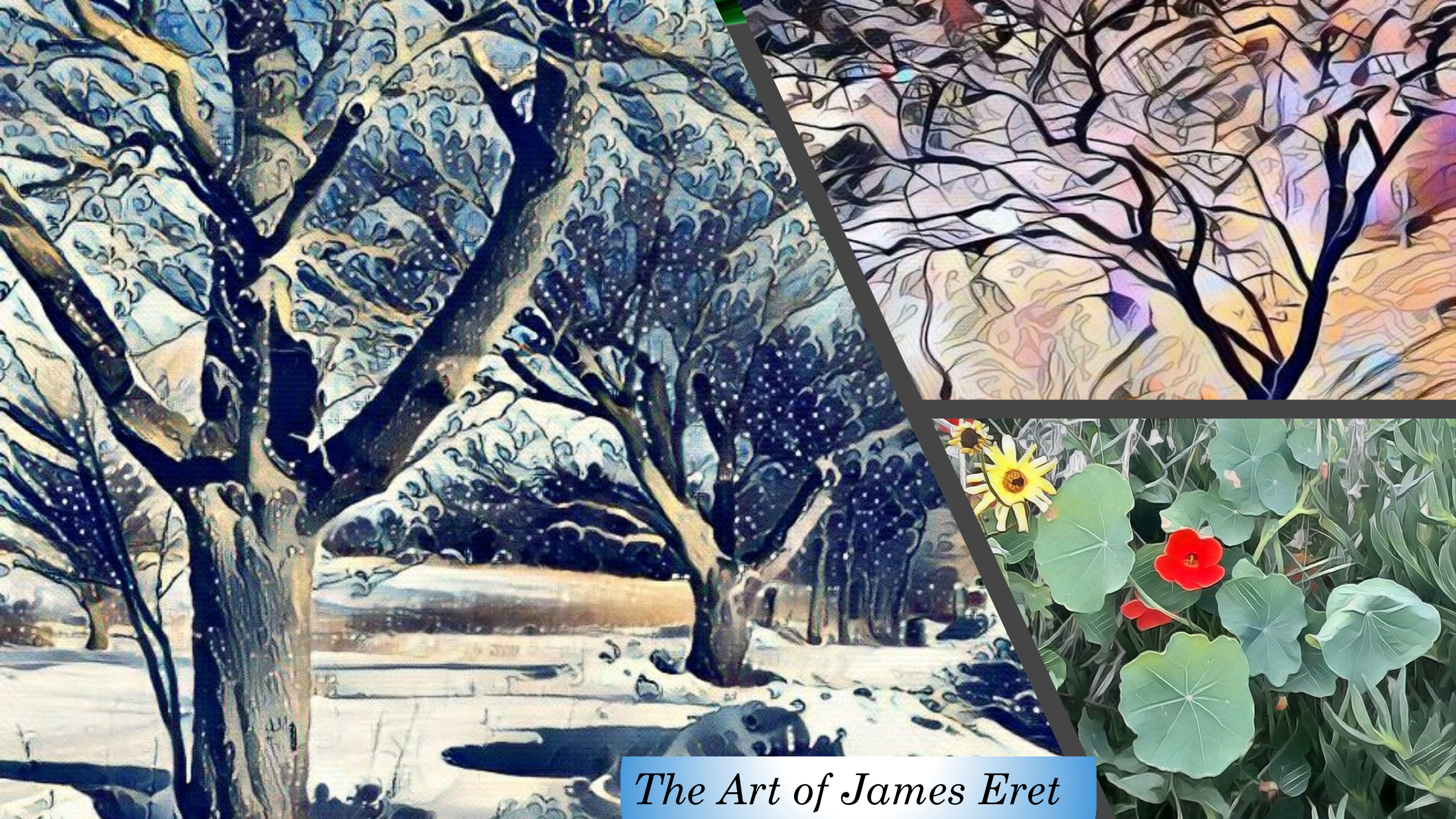
James has been Writing Director of the Creative Arts Consortium, a non-profit organization in San Diego that promotes the Poetry and Art of Adults with mental disabilities.

He is a Vietnam Veteran. He is a widower and has three sons and nine siblings.



[jameseret@gmail.com](mailto:jameseret@gmail.com)





*The Art of James Eret*



## Always Finding the Moon (For my son, Dylan)

No matter how overcast the sky is,  
My youngest son always finds the moon,  
Pointing at it like he had just discovered it,  
Full of youthful excitement, saying "It burns."  
We drive past a field of dead sunflowers,  
Slashing over the puddles and bumpy roads.  
From a moving gray haze in the east, rising  
Like a dream over the restless Lake Michigan waters,  
A full moon appears, disappears, then appears,  
My youngest son pointing his rigid finger  
Into the eye of The Sea of Tranquility,  
Before a lunar silence pulls a tidal blanket  
Over once deep-remembered, magnetic night.  
Luna moth, in your sacred greenness not to be seen  
By any mortals, fly at the light of the moon, you sporting  
Your delicately ribbed lime green and veined wings,  
Perfectly camouflaged—flitting through the dark forest  
Like a phantom, like my youngest son's unbridled imagination,  
All our imaginations, when we choose to use them  
For moonlit visions and Luna moths dance till dawn  
In the fullness of the moonlight.



*The Art of James Eret*





JEN PADRON

J Jen Padron resides in the state of Georgia. She is a social worker having received her MSW at Valdosta State College in 2022. She is a subject matter expert on many mental health subjects including suicidology and crisis intervention.

Creatively she does digital design, painting, photography and social messaging.

She is the 2021 award recipient for the Dewar College of Education and Human Services Alheida B. Seeever Scholarship 2021 and is the 2020 Esperanza Hope Awardee.

<https://srccpsn.net> and  
<https://facebook.com/jenpadronimagery>  
<https://facebook.com/jenpadron>  
**[jennifempadron@gmail.com](mailto:jennifempadron@gmail.com)**





## JEN PADRON'S ART





# Jerome Lawrence

Majoring in Studio Art at Georgia State University I received a Bachelor of Visual Arts degree. In 2004 the Carter Center in Atlanta invited me to give a solo exhibit to an audience that included President Jimmy Carter and his wife Rosalynn.

In my work I find beauty in either what I paint or how I paint it. Primarily, I bargain with artistic elements such as line, color and shape in varying intensity, variety, placement and proportion to bring about beauty and elegance of style with simplicity in design and in different colors or shapes. Communicating a feeling of hope, inspiration and joy is my goal.

Jerome is working with his wife on several projects that involve products illustrated with his art.

Go to: [Inclusivemediaart.com](http://Inclusivemediaart.com)  
Also; [inclusivemediaink.com](http://inclusivemediaink.com)



Jerome Lawrence; Atlanta, GA

[bestartistever@msn.com](mailto:bestartistever@msn.com)



# Jerome's Art



Freedom



Drama of Blue Life





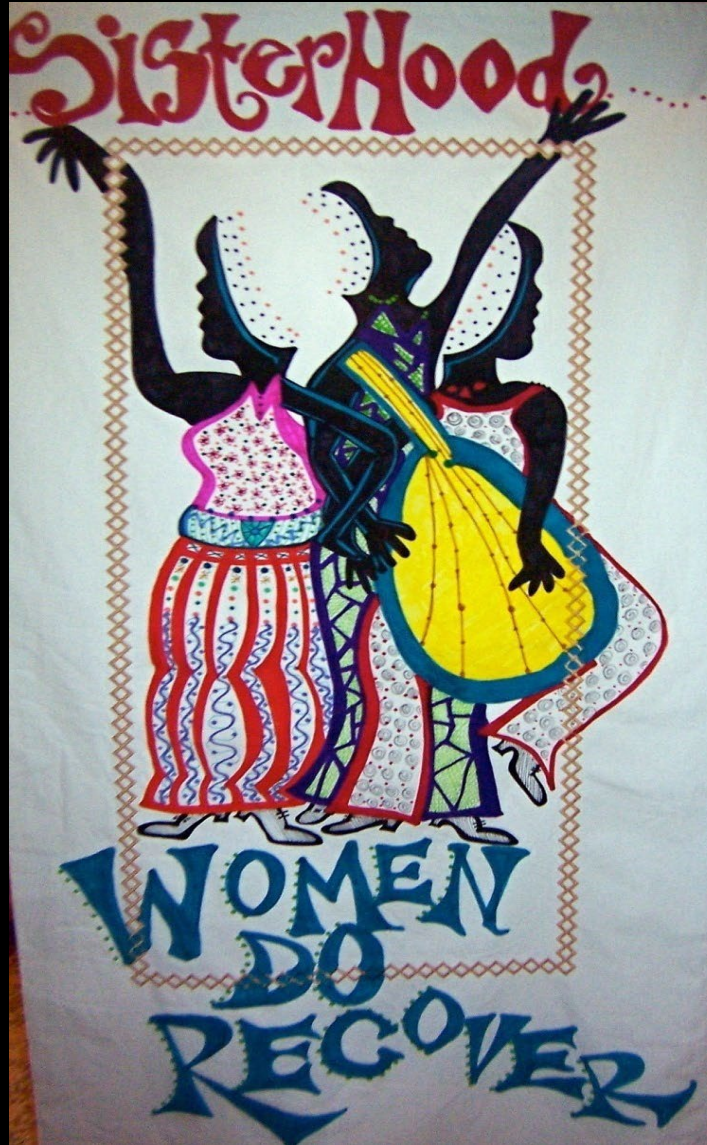
# SHARON WISE, D.C.

Sharon Wise identifies herself as a “surviving spirit” after and during overcoming child abuse, homelessness, prostitution, incarceration, and mental health issues in her lifetime.

An award-winning filmmaker, artist, motivational speaker and advocate Sharon has come full circle and is living an example of inspiration and recovery to all she encounters.

“Nothing happens in life to you, but it happens for you. When you look at life in that way you learn as teachings and not failures.”

Wise earned a combined Bachelor's and master's degree from Lincoln University in Pennsylvania.

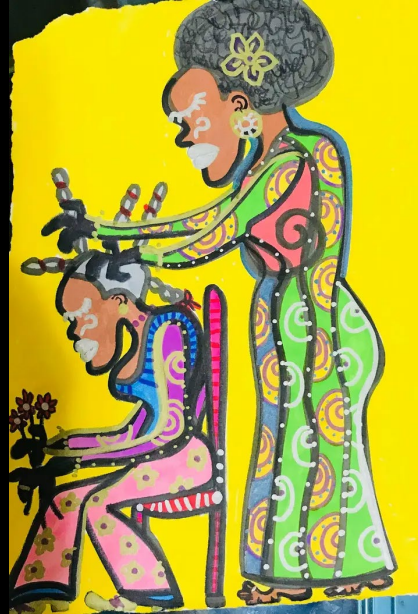


[thehouseofsharon@gmail.com](mailto:thehouseofsharon@gmail.com)

[www.wiseworkz.co](http://www.wiseworkz.co)



# SHARON'S ART



Matilda's Homemade Soup



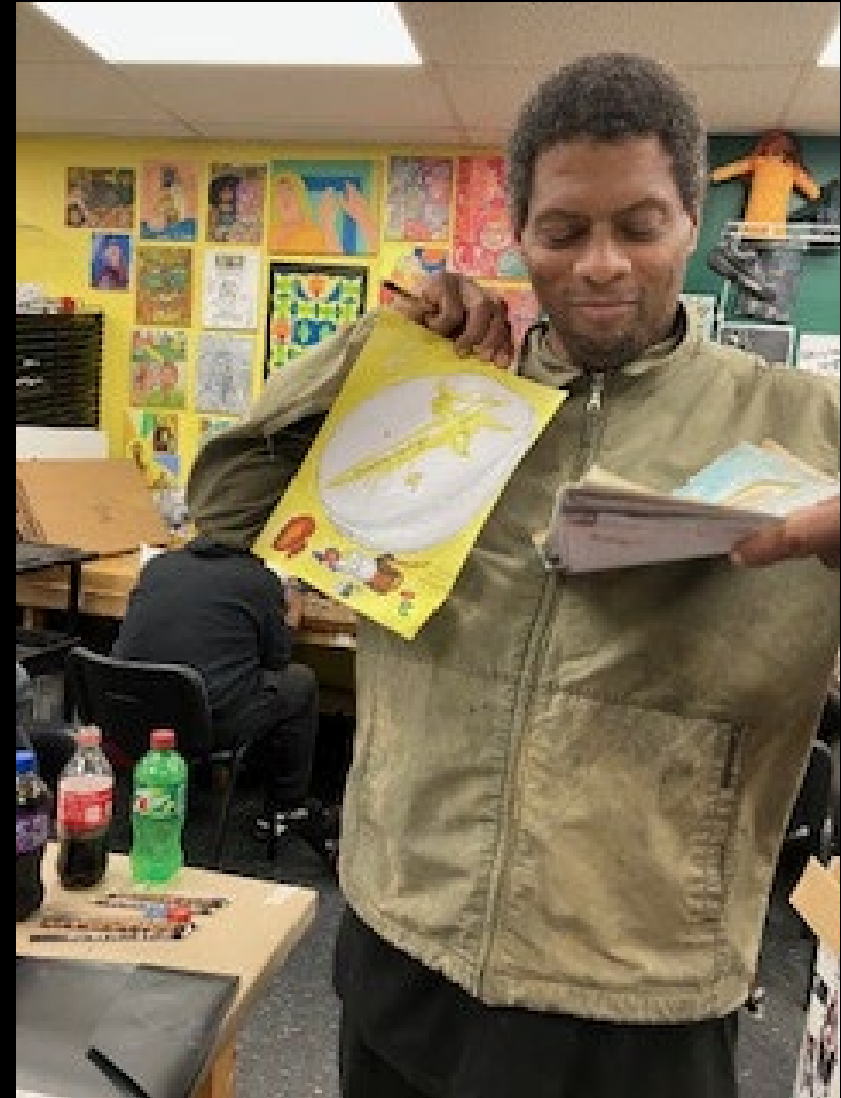
# KNICOMA FREDERICK

Knicomma creates art like his life depended on it – because it does. As a man navigating the disability spectrum, he sees his work as the central and centering force in his life.

Working at “The Creative Vision Factory” continues to anchor him and his 2020 solo show was exhibited at The Chris White Gallery in Wilmington, DE.

His intensely personal work has gained wide recognition. He is an established artist who has received grants and an individual artist fellowships.

[creativevisionfactory.org](https://creativevisionfactory.org)





# Knicomma's Art





## *Ken Segal, DE*



[www.facebook.com/segalstudios](http://www.facebook.com/segalstudios)  
[creativevisionfactory.org](http://creativevisionfactory.org)

[kensegal@comcast.net](mailto:kensegal@comcast.net)

Ken Segal was born in 1959 in Philadelphia, PA. He received a BFA in Graphic Design in 1985 from The Tyler School of Art of Temple University. Ken developed drafting and 3D computer graphics/animation software for 20 years, wrote monthly articles for CADence Magazine and co-authored The AutoCAD 3D Book.

Today, Ken is a fine art painter and a Peer Recovery Specialist for The Creative Vision Factory in Wilmington, DE, a free art studio and gallery for those on "The Behavioral Health Spectrum."

I have over 100 paintings in my studio, in various sizes, including fluorescent, acrylic (black light) paintings, "conventional" acrylics and oils. Most depict "humanoid" figures - humans, angels, demons with auras, halos and nimbuses.

His Facebook page features his experiments with AI (artificial intelligence)

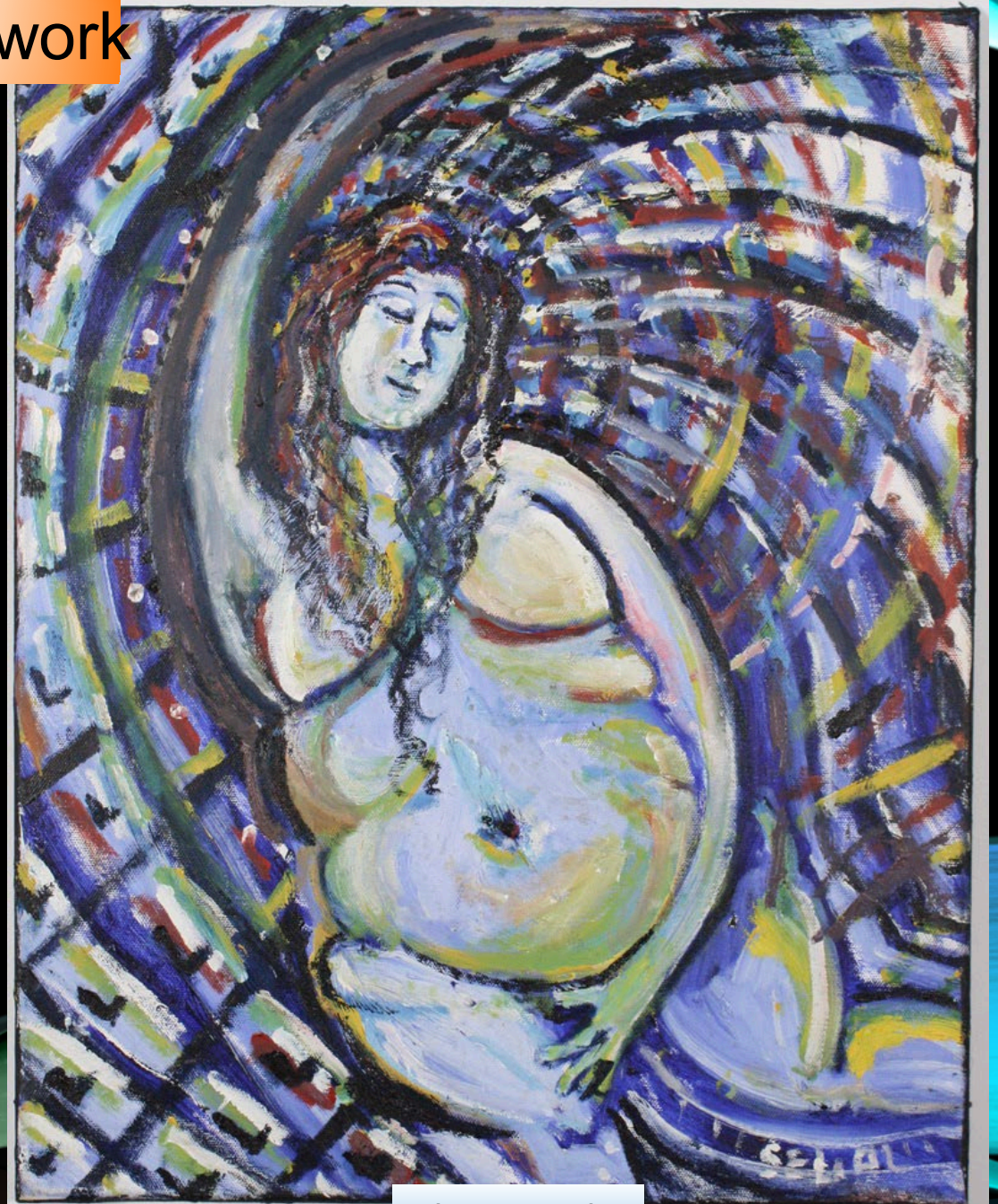
ALL my output is for sale.



## Ken Segal's Artwork



The Kiss



Blue Nude



## Margaret Leah Lunevitz, NY

I am a consumer survivor, with degrees in Law, Fine Arts and English and a certificate in Fashion Design. I am also certified to teach Yoga.

As an attorney, I worked primarily in mental health defense law.

I am a watercolor artist who has exhibited and sold my work through various organizations and at shows. I do not have a website, but I have a Facebook page and most of my work is displayed there. Prints and some originals are available for sale.

I have participated in many Alternatives Conferences, including one in Los Angeles where I produced five acts of a play I wrote, "Side Effects".

Currently, I reside in upstate New York where I live a quiet life in nature, searching for healing and peace in my watercolor world...



**[mlunayoga@gmail.com](mailto:mlunayoga@gmail.com)**





## MARGARET LUNEVITZ'S ART







**Meghan Caughey**  
**Eugene, OR**

I am pulled into the gorgeousness of natural, human, and animal forms. The brilliance of line and color will not let me rest. I must paint the emotion and forms that relentlessly hurl me into life.

To live--art is essential. Imbibing the life force-- is essential for making art. I survive because I am able to draw and paint the edge where I find myself.

Sometimes the images tear me apart--but by painting them, I am transformed and made whole--- the action and images restore my soul.

A tube of cadmium yellow, or red paint will be my food and holy sacrament, the vehicle into transformation. This is a joy; this is where I find the Life Force.

I'm so grateful for this jagged life! Meghan has won 11 awards for her book, *Mud Flower: Surviving Schizophrenia and Suicide Through Art*.



## MEGHAN'S ART



Winged Being With Lotus



Whale Dancing



10E - LAUREN J. TENNEY  
KENSINGTON, MARYLAND



10e - Lauren J. Tenney, PhD, MPhil, MPA, BPS is a psychiatric survivor who was first institutionalized at fifteen years of age in New York State in 1988 and has been involved in the human rights movement for people with psychiatric histories since the early 1990s.

An activist, advocate, author and archivist, for this purpose, a spotlight on artist. Often saying, "My trauma doesn't come cheap," 10e uses mad art as a healing and communication tool.

10e works in oils, acrylics and spray paints on canvas and walls. She has held many roles over the past thirty years. Lauren can be reached at (516) 319-4295.

[www.LaurenTenney.us](http://www.LaurenTenney.us)   [www.MadMagick.com](http://www.MadMagick.com)

[LaurenTenney@aol.com](mailto:LaurenTenney@aol.com)



"Vamp"



LAUREN TENNEY'S ART



"Time Warp"



# PHOEBE SPARROW WAGNER, VT

Author, poet, artist, survivor of decades of psychiatric brutality who now disavows all mental illness and labels. [arteveryday365.com](http://arteveryday365.com)

Author of the book **LEARNING TO SEE IN t THREE DIMENSIONS** (2017), a book of original poetry and art. Currently doing the drawings for Inktober 2023 and I continue quite well and happy.

She graduated magna cum laude from Brown University in 1975 despite having been twice hospitalized as a freshman, and later attended medical school for two years before being hospitalized again for psychiatric reasons.





## Phoebe Sparrow Wagner's Art





Phoebe Sparrow Wagner, VT

"There is no negative space, only the shapely void. Hold your hands out, cup the air. To see the emptiness you hold is to know that space loves the world."

P. Wagner

<https://phoebesparrowwagner.com>  
<https://www.artfolie365.com>





Patricia Obletz, WI

My passion to internalize the external through self-expression in words and in color is a magical gift. I found out the hard way that practicing my art keeps me on the right side of sanity.

Two programs I created and facilitated, “Wordshop” and “Colorplay,” proved that art is healing for all ages.

“Wordshop” also launched my career as an activist for mental health through art, spiritual freedom through singular acts of creation.



Patricia Obletz  
Artist, Activist, Author, Editor

<https://www.OilsbyObletz.art/>

[Obletz@sbcglobal.net](mailto:Obletz@sbcglobal.net)





The Dancer



Curtain Up

*Patricia Obletz's Artwork*



## SAM OASTLER, CA



Samuel Oastler grew up in Chicago area, but now lives, works, thinks, and paints in Santa Cruz, CA. Sam has worked at the Mental Health Client Action Network for twenty years and is a member of the Santa Cruz Art League as well as a member of the Cabrillo Screen Printing Club.

Sam's work has been shown three times in the De Young disabilities "Art Slam" shows, at the Santa Cruz Museum of Art and History, and at the Cabrillo Library and Cabrillo Gallery, as well as at the Michelangelo Gallery and at the Attic. Sam is a Dungeons & Dragons and Pathfinder enthusiast, but always finds time for 12-step programs.

After a troubled childhood, Sam learned to paint in convalescence, admiring the work of Andy Warhol and Jean Michel Basquiat. His mixed media pieces including cards can be seen on Facebook under Art by Sam Oastler.

[Facebook.com/samueloastler](https://www.facebook.com/samueloastler)





ART by SAM OASTLER





Sybil Noble



Sybil Noble, KC, MO.

[nobullsart@gmail.com](mailto:nobullsart@gmail.com)

In 2006 I graduated with a BA in art therapy...

I was doing art until 2017, when my husband of 27 years passed away and I developed essential tremors....

Now my focus is on collages. I like to think of my art as “whimsical studies with comments on societal stigmas, feelings, mental illness, and the human condition.”

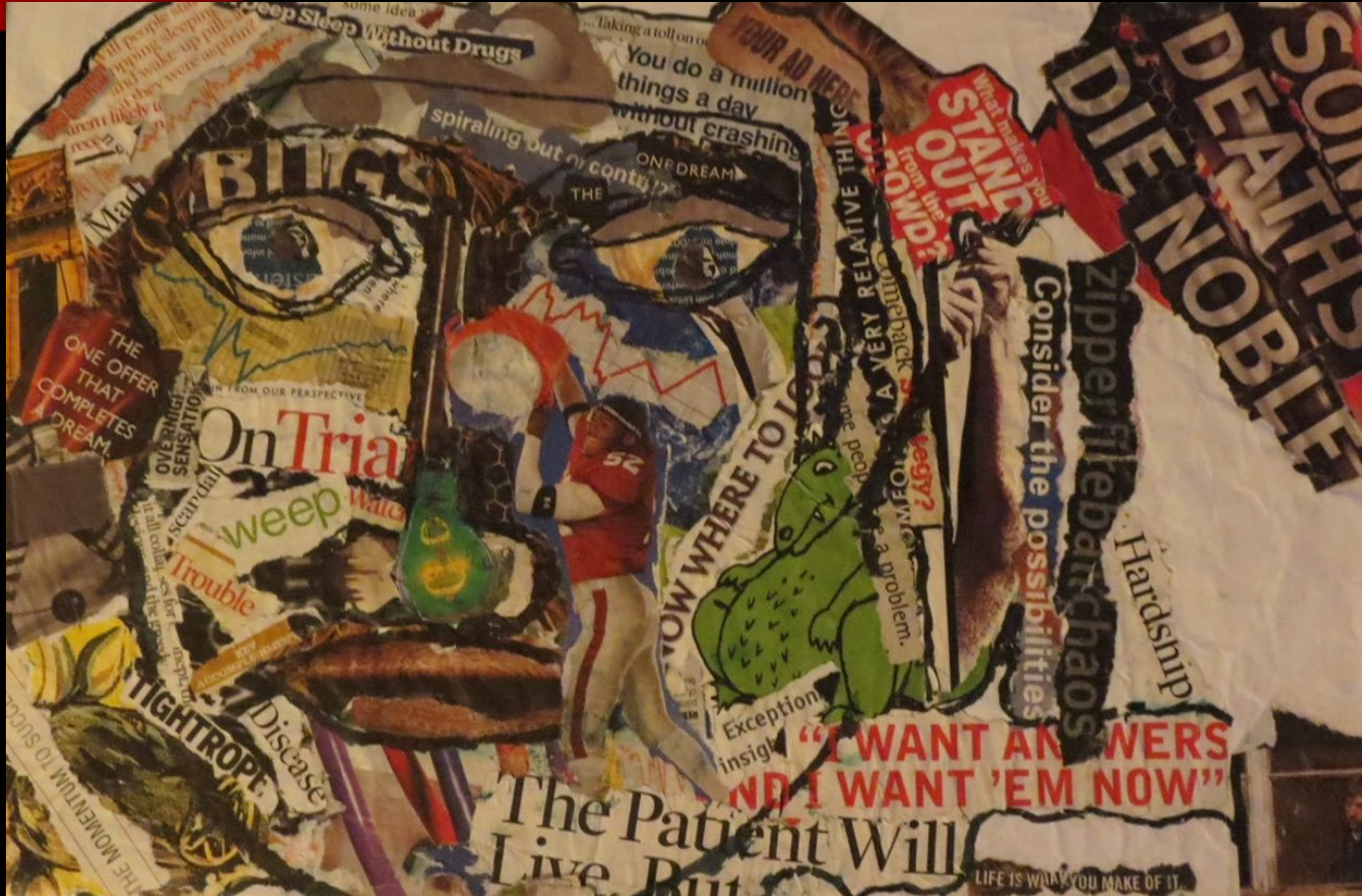


# SYBIL NOBLE





# SYBIL NOBLE







ISAAC BROWN  
Artist, Albany, NY

[ISBOriginalArt@gmail.com](mailto:ISBOriginalArt@gmail.com)  
Art For Sale



Self Portrait



# *Issac Brown's Art*



Art For Sale  
**On Facebook**



## Summer Breeze, Miami, FL

Adirah-Miryam Israel has published a collection of poems under the pen name "SUMMER BREEZE". Her book is a poetic memoir that traces her journey from mental health diagnosis to living in recovery with a mental illness.

Ms. Israel is a certified WRAP Facilitator and has spoken on Recovery Topics throughout South Florida.

You can find Summer Breeze's book here... <http://bit.ly/poet-summerbreeze>.



[poetsummerbreeze@gmail.com](mailto:poetsummerbreeze@gmail.com)



## *Summer Breeze's Artwork*

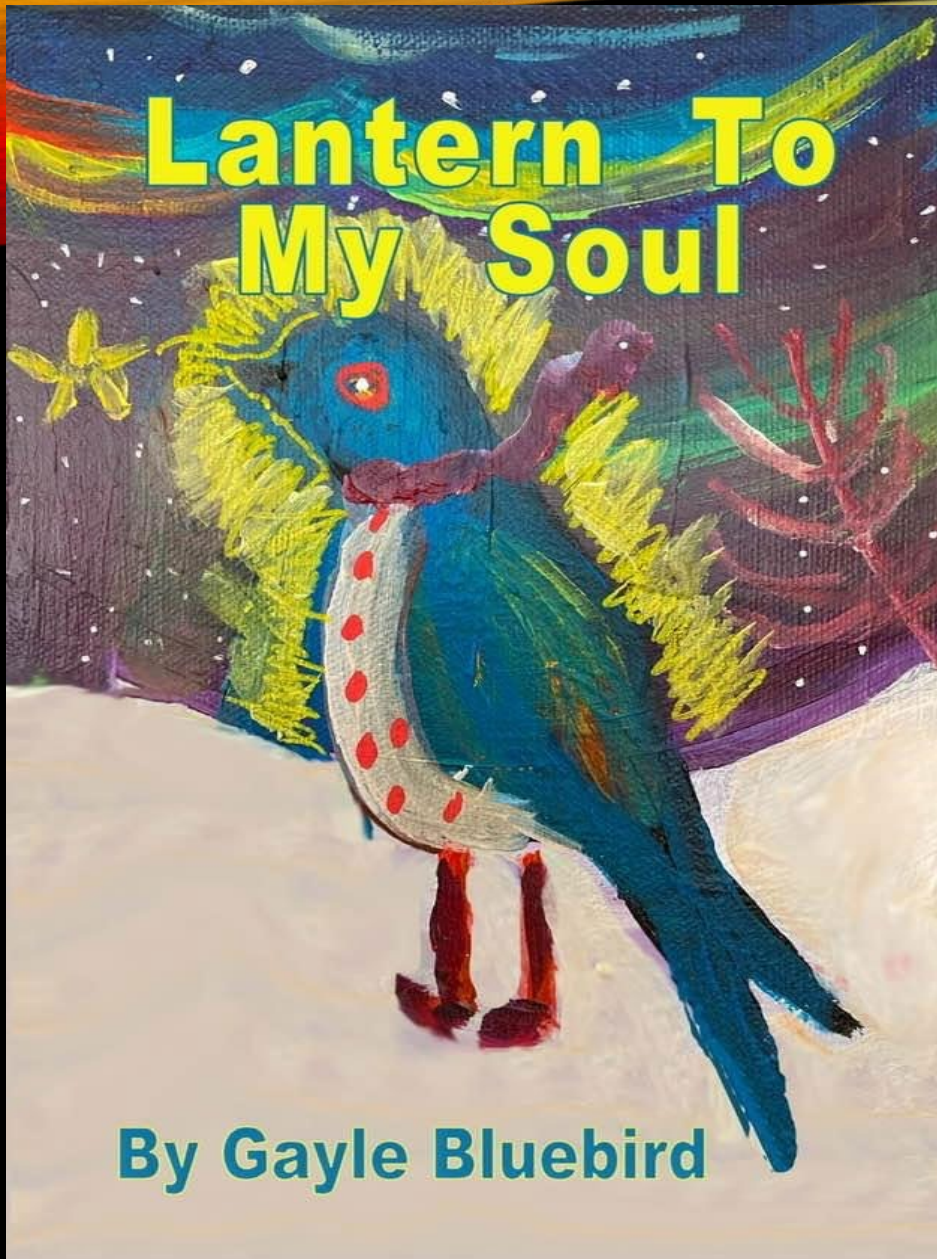
*“Who will mourn my passing,  
when Death comes knocking  
at my door?”*

*Who will grieve my departure,  
when life's breath in me is no  
more...”*

[poetsummerbreeze@gmail.com](mailto:poetsummerbreeze@gmail.com)







gaylebluebird1943@gmail.com

GayleBluebird, (Bluebird) is a poet who has published three books, the latest, "Lantern to My Soul."

*She has a long history of networking artists, writers and performers originating from national Alternatives Conferences.*

*At 81 she will continue to organize the Artss until it is recognized as an important tool for change in the mental health system.*

*She has received many awards, among them the prestigious SAMHSA VOICE Award in 2010.*





## *Poetry Found in Boxes*

*Looking for love  
What written before,  
Saved for days like this,  
Along with chicken soup,  
Strong words I might have  
Put down  
On paper.  
Added in spices like garlic  
And ginger,  
Such bliss still around,  
Flying XXs and OOs on paper,  
Soothing, almost as tasty.  
Lips kissed and touched  
By hot soup!*

## *Thinking of Blessings*

*The word and its  
Many meanings,  
Akin to peace,  
To love,  
To faith,  
To unity--  
Counting,  
Adding up,  
Taking a day  
To celebrate,  
To be a One  
With everyone--  
Reminders of  
What we all share,  
Our humanity,  
A branch,  
A leaf,  
A flower...*



**We hope you enjoyed the virtual art show.  
Thank you, Thank you Thank you!**

*Thanks To all the artists who shared their work and for their wisdom.  
Thanks to all those who gathered information and organized material,  
and especially to:*

**Gayle Bluebird  
Rita Cronise  
Mark Gebhardt  
Maryam Husamudeen  
Deborah Trueheart**